



## SED Retreat Preparations

- Retreats will be facilitated by Pastor Art Umbach (SED Director of Spiritual Life) or a member of the Spiritual Life Team.
- Sample public relations materials can be found on this website.
- Leaders and members are invited. Your goal should be at least 1/3 of your average worship attendance. We have found it helpful to have people sign up in advance.
- People should invited to bring their own Bibles.
- Begin praying that God's Spirit will bless our time together.
- The church needs to supply:
  1. Pencils and paper for each participant, name tags
  2. Breaks: coffee/tea/cold drinks, donuts, fruit
  3. A light lunch
  4. A meeting space arranged with tables and chairs facing forward.
  5. Retreat resource materials are available on this website. Please duplicate an adequate number of copies for the participants.

Please call (512-0723, 804/897-0160) or email ([arthuru@aol.com](mailto:arthuru@aol.com)) me a week prior to the workshop to indicate how many you anticipate attending and if you have any questions.

